

Kara Triple Chocolate Tulip Muffin

F02164



Product Description

Chocolate muffins with dark, milk and white chocolate chunks and a chocolate flavoured filling.

Storage/Handling/Baking Instructions

Store Frozen at -18°C or below. To defrost: remove from case and leave in pack at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once unwrapped use within 2 days and keep covered over night. If product is kept wrapped, use within 5 days. **Once defrosted do not refreeze.**

Ingredient Declaration

Wheat Flour (**Wheat** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Rapeseed Oil, Sugar, **Egg**, Chocolate Filling (8%) (Sugar, Glucose Syrup, Rapeseed Oil, Water, Fat Reduced Cocoa Powder, Palm Oil, Sweetened Condensed **Milk**, Butter (**Milk**), Cocoa Mass, Emulsifiers: E471, E322 (**Soya**); Flavouring, Salt, Cocoa Butter, Preservative: E202), White Chocolate Chunks (5%) (Sugar, Dried Whole **Milk**, Cocoa Butter, Dried Skimmed **Milk**, Emulsifier: E322 (**Soya**); Flavouring), Dark Chocolate Chunks (3.5%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: E322 (**Soya**); Flavouring), Fat Reduced Cocoa Powder, Cornflour, **Egg** White, Water, Milk Chocolate Chunks (1%) (Sugar, Dried Whole **Milk**, Cocoa Butter, Cocoa Mass, Whey Powder (**Milk**), Dried Skimmed **Milk**, Emulsifier: E322 (**Soya**), Flavouring), Raising Agents: E450i, E501ii; Maltodextrin, Dried Whey (**Milk**), Emulsifier: E471; Salt.

Nutritional Information

Allergens

	Per 100g	Per portion (114g)
Energy	kJoules 1675	1910
	kcal 400	456
Total Fat (g)	19.5	22.2
of which saturates (g)	3.8	4.3
of which mono-unsaturates (g)	10.5	12.0
of which polyunsaturates (g)	4.2	4.8
Available Carbohydrate (g)	49.6	56.5
of which sugars (g)	27.2	31.0
Dietary Fibre (g)	1.8	2.1
Protein (g)	5.7	6.5
Salt (g)	0.50	0.57
of which sodium (mg)	199	227

For allergens, including cereals containing gluten, see ingredients in **bold**.
Also, may contain sesame.

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✗	Kosher	✗

Product is free from:

Shelf Life

Frozen Life of Product	365 Days
Wrapped life once defrosted	5 Days
Wrapped life once defrosted	2 Days

Additional Information

HFSS Score:	14	Commodity Code:	1905907000
		Meursing Code:	7007

Product Data

Product Weight:	114g +/- 8g	Case Net Weight:	2.74kg	Case Dimensions	
Product		Case Gross Weight:	3.12kg	Length:	491mm
Dimensions:	Height: 75mm +/- 5mm	Declared Weight:	2.54kg	Depth:	331mm
	Diameter: 75+/- 5mm	Cases per Layer:	7	Height:	105mm
Units per Pack:	6 units per pack	Cases per Pallet:	112	Pallet Height:	1.84m
Packs per Case:	4 packs per case	Barcode / EAN:	05010066121644		

Traceability Code: Best Before End DDDMMYYYY Julien date code, FF (frozen), Time BBE 13JUN2020 L9164FF07:09

Information Issued By

Name:	Katharine Gratton	Position:	Specification Technologist
Date Issued:	24/08/2026	Issue No:	6

Kara

FOODSERVICE BAKERS

Kara Customer Care

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